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## **Holistic Early Intervention Approach for Children With Brain Damage and Their Families**

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**Introduction/Rationale:** Tamahar Trust is a NGO founded in 2009 by Mrs Vaishali Pai to cater to all needs of children with developmental disability and their families. Our core belief is that disability does not only affect the disabled. It affects the entire family, and the various social, environmental and interpersonal factors have an impact on the child and his/her rehabilitation. Hence, for a thorough and sustained impact on the child, it is important to simultaneously work on all factors affecting their lives like developmental intervention, adaptations for their unique needs, familial functioning and relationships.

**Objective:** Providing Holistic Intervention to children with developmental disability as well as their families to drive long-term, sustained rehabilitation and better inclusion in society

**Design/Method:** Retrospective case analysis of children with developmental disability, mental age 0 to 5 years, receiving holistic intervention for atleast 1 year at Tamahar Trust. The Holistic Intervention Plan for each child will include –

- Early Intervention Behaviour Modification to address maladaptive behavior
- Physiotherapy (need basis)
- Occupational Therapy (need basis)
- Speech Therapy (need basis)
- Music Therapy
- Yoga
- Emotional Development through Recreation
- Classroom Early Intervention Training to parents
- Mental Health programs for caregivers for their emotional well being
- Skill Development programs for caregivers for their economic well being
- Medical Guidance – Assisting with getting appropriate medical treatment (child and family)

**Results:** Consistent increase in developmental age across domains and improved social/familial functioning

**Conclusion:** Addressing multiple factors in the biology, personality and environment of the child simultaneously results in improved rehabilitation of the child as well as family