

## **D4**

### **Impact of Toilet Training to the Parents of Children with Intellectual Disability and Autism - A Pilot Study**

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As the mother is the first teacher to the child, imparting training to the parent in developing children with special needs to become as independently as possible in their basic activities of daily living which is indispensable with respect to future perspective. One such basic Activities of daily living is toilet training. Children with developmental disabilities like Intellectual disability and Autism are not completely independent in toileting behavior because of lack of opportunity to perform the task and also lack of knowledge among parents about systematic procedures to train their ward. Thus the present study was chosen with an objective to find the impact of toilet training to the parents of children with Intellectual disability and Autism. Pre post control group design was used for the current study. The sample comprised of 10 subjects belonging to ID (5 children for Experimental group and 5 for Control group) and 10 to Autism (5 children for Experimental group and 5 for Control group) in the age group 4 to 6 years. The experimental group parents of both Intellectual disability and Autism were given training in toilet training methods and procedures for 1 week. Pre-post training data was collected and analyzed. The results of the study revealed that there is a significant difference in the achievement of the Toileting skills between Experimental and Control group. The results indicated that the effect of Toilet training to the parents is effective in achieving the toilet skill behavior by their children when compared to the control group parents who have not received the training.

#### **References:**

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