

Tele Rehabilitation For Children With Cerebral Palsy And Other Disability During Covid – 19 And Beyond

Monitoring and Evaluation

S.No	Planned Activities	Activity indicators	Output indicators	Outcome	Measuring and reporting
1.	Tele rehab sessions	9120 sessions Sessions per month- 1140(PT-600, OT-240, SPL-300) Session compliance Duration of session- 1 hour/ session	No of children for each therapy PT-50 OT- 20 SPL-25 Average children engagement per month	5 % of improvement in mobility, self-care and other day to function and participation	% improvement in children progression: current score% previous score. Weekly review with section head. Monthly review with secretary.
2.	Awareness for COVID 19 and its precautions for families of children with disability	3 zoom awareness training 1 session in every two month 1 hour per session	No of participants-40	Improved awareness about Covid -19	Pre and post-test survey scores. Weekly review with section head. Monthly review with secretary
3.	Counselling sessions for families.	3 counselling session for family members of the children. 1 session in every two months. 2 hours per session	No of participants-40	Reduced caregivers strain and improved children handling	Reduction in caregiver strain by measuring the caregiver strain index.
4.	Medical referral service to nearby hospital	Any health issues affecting children growth	No of children based on their health issues	Improved children medical status	Medical Records and Doctor prescription
6.	Encourage rural parents use technology for rehabilitation	3 training in eight months 1 hour per session	No of participants-40	Improved knowledge in use of technology for rehabilitation	Pre and post-test survey scores
7.	Conducting interdisciplinary meeting with rehab team and meeting with family members of children	3 Meeting in eight months	No of participants-40	Improved Knowledge about progress of the children	Meeting minutes record and screen shot of meeting

8.	Dry ration supply to families of children with disability	No of time dry ration supplied: 8 times	No of families benefited: 50	Total no of people served	No of Families identified against the selection criteria and monthly supply. Means of verification Photos of dry ration supply and records.
9.	Distribution of Nutritional supplement to CWD	No of times nutritional supplement given: 8	No of children covered-50	Nutritional status of the children	Photos of supply and documents of supply. Means of verification: No of children identified for nutritional supplement needs using criteria from the total students.
10.	Distribution of COVID kit for families of CWD	No of times supplied: 8	Total no of families given-50	Total people benefited	No of people infected in the reporting period among the People that received the kit. Means of verification: photos and documents of distribution
11.	Home visits to enhance online program	No of times of home visits: 8	No of students covered in the home program-50	Progress in children's functional level.	Parents capacity building and progress of children; Means of verification: photos taken during home visits and activity videos

Project Budget

S.No	Head	Cost per unit	No. of units	No. of Months	Total Budget (Rs.)
1	Personnel cost				
1.1	Project Coordinator	30,000.00	1	8	240,000.00
1.2	Physiotherapist	25,000.00	3	8	600,000.00
1.3	Special educator	15,000.00	2	8	240,000.00
1.5	Home warden	12,000.00	3	8	288,000.00
1.6	Admin assistant	8,000.00	1	8	64,000.00
2	Program cost				
2.1	Medical expenses	500.00	50	8	200,000.00
2.2	Honorarium for counselors	5,000.00	1	8	40,000.00
2.3	Training handouts	200.00	50	8	80,000.00
2.4	Conveyance for measurement and distribution of assistive devices	5,000.00	1	8	40,000.00
2.5	Dry ration supply to families of children	1,175.00	50	8	470,000.00
2.6	Distribution of Nutritional supplement to CWD	300.00	50	8	120,000.00
2.7	Distribution of COVID kit for families of CWD	300.00	50	8	120,000.00
2.8	Children home visits to enhance online program	250.00	50	8	100,000.00
2.9	Assistive devices	4,000.00	25	1	100,000.00
2.10	Internet	200.00	50	8	80,000.00
2.11	Android Mobile Phone cost	8,000.00	50	1	400,000.00
3	Administrative cost				
3.1	Printing and Xerox exp	100.00	50	8	40,000.00
				Total (Rs.)	3,222,000.00