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Visual Art Activity on Developing Sitting Tolerance and Fine Motor Activities Among Children with Autism Spectrum Disorder in the Age Group of 3-6 Years

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Introduction: Children with Autism Spectrum Disorder (CwASD) of 03 - 06 years of age show various characteristics such as they love to learn in a structured environment with adequate lights and less distraction, they are also visual learners. Rather than other instruction CwASD tend to response to visual cues. By giving visual information many skills can be taught to a child with ASD. Keeping this important characteristic in mind the research conducted to introduce Visual Art as a supportive tool. Art is the activity or educational subject that consists of drawing, painting, sculpture and other picture or object for people to look at and admire things around them. Through the art one develops the skills necessary to succeed in life. Art has effect on improving social skills, creativity, expressiveness and motor skills etc. Art has the power of changing a child's both inner and outer self. An appropriately planned art activity programme can help a child with ASD in enhancing various abilities.

Objectives: The main objectives of the study were to find out the effectiveness of art activity in developing Sitting Tolerance and Fine Motor skills.

Method: From the target population two subjects were selected from NIEPMD Inclusive Preparatory unit in the age group of 03 to 06 years by using purposive sampling technique. The researcher developed tool to find out the Sitting Tolerance and Fine Motor on those children using Visual Art activity by using sub-domain of Psycho Educational Profile (PEP) as reference. This research is conducted with case study method.

Results: Pilot study is conducted and the result shows that Sitting Tolerance and Fine Motor are highly co-related with each other when the children are engaged with visual art.

References

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